

18 September - 3 October 2010







Leicester and Leicestershire

Food Fortnight

Go on... taste something different... taste Leicester SHIRE



Welcome to the Leicester and Leicestershire Food Fortnight 2010! Following a tradition of previous highly successful celebrations, this year the fortnight will host a veritable feast of events and entertainments all aimed at enjoying local food and drink.

Local food strengthens our communities by providing fresh, healthy produce which supports the environment and the local economy, in short, local food is good for us!

From beer festivals to bacon rolls, tea dances to tasting sessions the fortnight has something for everyone and this year we are hoping to set new records for the number of people involved.

So check out the event listings inside to see what is happening near you and get involved. Leicester and Leicestershire has a lot to be proud of when it comes to food and drink, with award winning producers, a diverse wealth of ethnic foods and nationally recognised and protected brands, there is bound to be something new to tickle your taste buds.

Go on... taste something different.... taste LeicesterSHIRE



For more information about Leicester and Leicestershire Food Fortnight 2010, including additional events information, local recipe ideas and contact details for a range of local food and drink producers and organisations please visit

www.goleicestershire.com/foodfortnight

Alternatively, please contact the Leicestershire Tourist Information Line on 0844 888 5181 or e-mail info@goleicestershire.com (Calls will be answered Monday-Friday 10am-5.30pm and Saturday 10am-5pm).

All events are correct at time of going to press. We do however, strongly advise you check that an event is still taking place at the shown time before setting out.

> Leicester and Leicestershire Food Fortnight 2010 is delivered by







with support from







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at a glance

Leicester and Leicestershire Food Fortnight 2010

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- 4 18th Sept Transition Leicester Café -Tomato Fest
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- 10 18th Sept Great Central Railway, The "South Yorkshireman", and "Charrwood Forester
- 18th 25th Sept
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- 18th Sept 3rd Oct Chevelswarde Vineyard – Vineyard Tours
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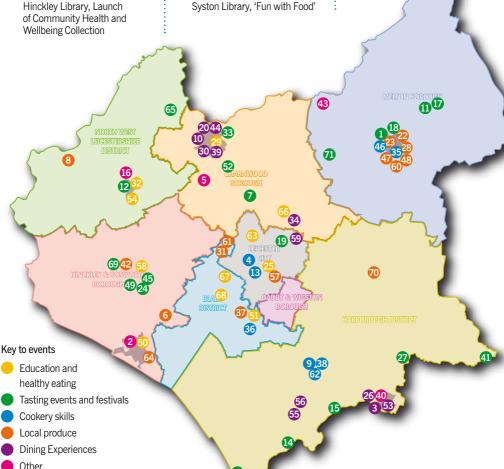
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- 63 29th Sept Joules Yard Fish Night
- 4 29th Sept Donington Le Heath "Meet the Gardener
- 65 30th Sept Kilworth House - Afternoon Tea Dance
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- 30th Sept Leicester Market - Your Market Needs You – wartime cookery event
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- 62 2nd Oct Bridge 67 Cookery School -**Dinner Party**
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- 3 2nd Oct Braunstone Town Library -"5-a-day" Family storytime with crafts.
- 63 2nd Oct Enderby Library - "5-a-day" Family storytime with crafts.
- 69 3rd Oct Woodland Nurseries, Stapleton - Tasting Sessions
- 3rd Oct 3rd annual Farmers Market Billesdon and community lunch.
- 2nd -3rd Oct East Midlands Food and Drink Festival

Leicester and Leicestershire Food Fortnight 2010 5





Traditional fayre

Leicestershire's lush rolling pasture land is second to none in helping to produce some of the best quality meats and milk, the latter resulting in two of our most famous British cheeses, Stilton (first made in Leicestershire in the early 18th century) and Red Leicester (which is now made in the county by Sparkenhoe Farm at Upton near Market Bosworth). These can be purchased in many delis, farmers markets and enjoyed at local restaurants.

You may have already heard about the Blaby tomato and the Syston White Plum but did you know that Leicestershire can also boast that the Annie Elizabeth, Banack Orange, Croft Sharp and Foxton Delight apple varieties all grow in our amazingly fertile clay soil. To find out more you can visit some of Leicestershire Community Orchards or www.heritageorchard.co.uk for more details.

Leicestershire is extremely lucky to have two working mills, at Claybrooke and Kibworth Harcourt, offering high quality organic flour; perfect for making Leicestershire Puddings, Bosworth Jumbles and an iced delicacy the Leicester Sand Cake.

The county has a range of artisan bakeries including Paul's Organic Bakery, Wesses and Kings Road Bakery as well as being the home of the Rearsby Loaf, first made by Walter Ernest Warden, baker and miller of the old Rearsby Mill.



None of these, however, are as famous as the Melton Mowbray Pork Pie, developed from the growth of foxhunting in the mid 18th Century and now granted Protected Geographical Status by the EU. Demonstrations of traditional pie making at Dickinson and Morris Olde Pork Pie Shoppe will be running during the Food Fortnight along with the chance to try the delicious Melton Hunt Cake, a rich quality fruit cake originally made in 1854 by John Dickinson, whose recipe and method of baking remains unchanged to this day.

For over 300 years the Hallaton Hare Pie has been made for the 'Hare Pie Scramble', when villages of Medbourne and Hallaton hold their annual Bottle Kicking Competition. There are no rules except to say no eye-gouging, no strangling, and no use of weapons but there's plenty of free Hare Pie and ale for visitors!

Leicester City's ethnic diversity is mirrored in the plethora of international cuisines on offer. Lively Spanish tapas, wonderful Italian, Mexican, Chinese, Creole, French, Greek, Arabic and African Caribbean can all be found whether searching for a place to eat or raw ingredients to make your own. Leicester's greatest culinary strength, however, is South Asian food; exciting thalis, Indian sweets and delicious fresh samosas are just some of the delights on offer. With a choice selection of quality restaurants, you can travel the culinary world without leaving the city - a truly cosmopolitan dining experience.

Leicestershire has a fine range of breweries producing magnificent ales. Quaff a pint of Whippling at the Belvoir Brewery, try Langton's Caudle Bitter or even the strongest in the county – Baz's Bonce Blower weighing in at a hefty 11% from the Parish Brewery.

Why not book a tour at your local vineyard and see just how English wine is made, in Leicestershire you can choose from Chevelswarde Organics at South Kilworth or Welland Valley Vineyard near Market Harborough.

Leicestershire is not necessarily the first county you would think of for cider but after discovering a neglected cider apple orchard near Mountsorrel, Farmer, Andrew Fear who hails from the West Country could not resist the urge to start Farmer Fear's Thirsty Farmer cider last year and is looking forward to this year's crop. A small amount of vintage 'real' cider is also made on site from traditional cider apples grown in the Welland Valley Vineyard.

Nestling in the sleepy village of Sproxton, Rachel Birch can be found hand picking the berries for her range of delicious liqueurs at Melton Sloe Gin, producing not only a wonderfully rich Sloe Gin, but other equally tempting recipes including 'Whisky & Wild Damson' and 'Vodka & Blackberry'.

Elsewhere around the county Swithland Spring Water produce a pure source of water from the Charnwood Hills, and Belvoir Fruit Farms create pure fruit cordials and pressé drinks diluted with spring water from the limestone hills around Belvoir Castle.





The Leicester and Leicestershire Food Fortnight is a chance for everyone to have fun with food and drink. As well as the array of events listed here the profile of Leicestershire produce is being raised around the City and County in a number of exciting ways.

Among other things schools will be thinking about food both in terms of what pupils eat for lunch and also giving some lessons a "foodie" theme for the fortnight. For example Gilmorton Primary School are devising a menu using local produce and South Charnwood High will be holding a live local food "cook off". Many churches will theme their harvest festivals around local food and several libraries, working with dieticians will be putting on displays, healthy eating information sessions and food and drink related competitions.

This is the perfect opportunity to go into your community and see what's going on with your local food and drink, or maybe even arrange an event for yourself.....why not have a locally sourced food dinner party, or host a bring and share food get together in your local community centre.

For more information on local food and drink produce and suppliers (including delicatessens, farmshops and box schemes) see the Leicester and Leicestershire Food Directory at www.leicestershirefoodlinks.org.uk and www.oakleaves.org.uk/foodanddrink or phone 0116 305 6179

New Products on the Block...

There is an increasing range of new and exciting local produce in Leicester and Leicestershire. You can now watch Paul Jones at Soyfoods creating tofu with Ching-He Huang for the British market at www.soyfoods.co.uk/news.htm. Paul also produces the Melton loaf at his bakery in Melton Mowbray.

Woodhouse Farms range of tasty chacuterie is available at local farmers markets along with spicy and sweet chilli jams and sauces prepared and grown in Leicestershire by Charnwood Chillies.

W Archer and Son at Queens Road in Leicester are now selling their newest product Biltong – a dried meat originally made in Southern Africa.

Finally, Long Clawson Dairy, famous for their wonderful Stilton, now produce an unsalted white cheese used in many Asian recipes called paneer.







Competitions

Best Leicestershire Menu & Best Leicestershire Breakfast

TASTE OF LEICESTERSHIRE
Best Leicestershire Menu Competition 2010

Leicester Shire Promotions has launched a new campaign to discover the 'Best Leicestershire Menu'

Aimed at local restaurants and equivalent food outlets, we are looking for examples of fixed price menus, celebrating the best food that Leicester and Leicestershire has to offer and based on locally-sourced produce. So if you work for or eat at a local restaurant or café that deserves to win this unique competition, make sure that you get those applications in now!

An award will also be given to the business in the city or county offering the 'Best Leicestershire Breakfast', based on the quality and presentation of Leicestershire produce used.

The meal must be promoted as a Leicestershire breakfast and the award is aimed at local businesses such as cafés, serviced accommodation providers and employers who serve breakfasts to staying guests, to the general public and to employees.

The winning entries will be announced at a presentation ceremony on Sunday 3 October 2010 at the East Midlands Food Festival at Brooksby Hall, near Melton Mowbray in Leicestershire.

Quorn Bacon Roll

It will officially be Quorn Bacon Roll day on the **Wednesday 29th September** at the Quorn Exchange, 10-12 High Street, Quorn. Why not have a go at producing your own Quorn Bacon Roll (*A traditional inexpensive dish which uses up bacon scraps*) and enter the competition to find the best. For further information, or a copy of the recipe, contact Terry Stirling on 01509 414287 or email terrystirling@ntlworld.com. Further information is available at visit www.quorndon.com

Matchless Home Brewing Competition

Ever fancied making your own beer, wine or cider? Matchless Home Brewing in Coalville are inviting enthusiasts to submit their creations as part of a home brew competition. Judging across 50 categories will take place at a country fayre showcasing local produce, including the beers Matchless are hoping to produce at their new microbrewery, on 25th September at the West end Club in Coalville. For more information see www. matchlesshomebrewing.co.uk or contact lan on 01530 813800.

Hinckley Library Food Poetry Competition

Hinckley library are running a poetry competition with a foody theme to celebrate food during Food Fortnight. Anybody inspired to put pen to paper should contact the library for more details. 0116 305 2500



events in the

Blaby area

Blaby boasts its own heirloom tomato variety – **the Blaby Special**. Out of cultivation since the Second World War, this variety was re-established in 2006 following a high profile local campaign. Elsewhere, within the area, there is the highly popular **Whetstone Pastures Farm** which offers Pick Your Own farm, children's play barn, pizza oven and Strawberry Cottage Tea Room – all in a traditional rural setting.

(1) 24th Sept Women's Institute Country Market Glenfield

10-11.15am, St. Peter's Church Rooms, Station Road, Glenfield, LE3 8DP. FREE Home made, cakes, pies,

preserves and crafts. Also plants and seasonal fruit and vegetables. New producers welcome. 0116 235 3663 (Linda Robinson)



36 25th Sept

Leicestershire Food Links -Speciality Baking Course

10am-4pm, Whetstone Pastures Farm, Whetstone. Come and learn about bread making and bake in a wood fired oven. Locally produced lunch provided. Booking required. 01509 881386 www.leicestershirefoodlinks.

3 25th Sept

org.uk

Blaby Farmers Market

9am-1pm, Blaby & District Social Centre Car Park, Blaby, LE8 4GG. FREE Blaby's 50th Farmer's Market

0116 286 4209 (Sarah Wale) www.leicestershirefoodlinks.

3 28th Sept

Blaby Library - "5-a-day"

4pm -5pm, Lutterworth Road, Blaby, Leicestershire, LE8 4DW. Blaby Family storytime with crafts aimed at under 11s. FREE 0116 305 3516 blabylibrary@leics.gov.uk

1st Oct

Women's Institute Country Market – Glenfield 10-11.15am. St. Peter's Church

Rooms, Station Road, Glenfield, LE3 8DP. FREE Home made, cakes, pies, preserves and crafts. Also plants and seasonal fruit and

welcome. 0116 235 3663 (Linda Robinson)

vegetables. New producers

3 2nd Oct

Braunstone Town Library - "5-a-day"

Family storytime with crafts. 10am-10:30am, Braunstone Civic Centre, Kingsway, Braunstone Town, LE3 2PP.

FREE Family storytime with crafts aimed at age - under 11s) 0116 305 5900 braunstonetownlibrary@leics.

63 2nd Oct

gov.uk

Enderby Library - "5-a-day"

Family storytime with crafts. 11:30am-12pm, Townsend Road, Enderby, LE19 4PG.

FREE Family storytime with crafts aimed at age - under 11s. 0116 305 3523 enderbylibrary@leics.gov.uk



Loughborough's markets have been an essential part of the town centre since 1221 with an excellent range of goods and produce. A university town, it offers a wide choice of international food restaurants including Mexican, Chinese, Thai, Australian and Japanese. **The Rushes Bistro**, has a fresh new look for 2010 and uses fresh locally sourced ingredients wherever possible to create a menu to delight diners.

Slightly further afield in Wymeswold you will find the **Hammer and Pincers** a charming, local gastro pub offering menus with local ingredients. As you travel down the old A6 you will come across **Brook Leas Nursery and Farmshop** with freshly grown vegetables on site and a chance to pop into **Daisy's Tea Room**. Nestling in the beautiful village of Oaks in Charnwood, **Lubcloud Dairy** uses the milk from the organic farm herd to produce and bottle their own milk and extra thick cream.

Buy some Blackbrook Traditional Meats from the **Stanley's butchery** near Grace Dieu. Their Longhorn beef breed, originally improved by Robert Bakewell at Dishley Grange, goes from strength to strength as the Hairy Bikers found out in April 2009 when they visited the farm.

A few miles north of Loughborough is **Eglantine Vineyard** which is famous for its answer to icewine with the ripest Madeleine grapes being used to produce "North Star." **The Great Central Railway** which offers a range of dining events and steam experiences is hosting a special beer festival celebrating the beers available along the original train line between Sheffield and London.

5 18th Sept **Beginners Spoon Making** (Beacon Hill Country Park)

10am-4pm, Woodhouse Eaves, Nr Loughborough. Learn some basic carving skills. All tools and equipment provided. Booking required. 0116 305 8790 www.leics.gov.uk/countryparks

7 18th Sept

Farmer Fear's Cider Tasting 12-3pm, Budgens Mountsorrel,

Granite Way, Mountsorrel, LE12 7TZ. FREE Enjoy samples of Thirsty Farmer cider - the only cider that is produced commercially in Leicestershire. Made from mixed varieties of cider apples some of which are grown in Rothley. 01509 416694 www.farmerfear.co.uk/

18th Sept

Great Central Railway, "South Yorkshireman", and "Charnwood Forester".

Great Central Station, Great Central Road, Loughborough, LE11 1RW. Relive the romance of travel just as it was when steam ruled the rails. During daylight hours your train pauses over Swithland Reservoir with wonderful views. On darker nights there is a chance to alight at our award winning Edwardian station





Rothley, still complete with original gas lights.
Booking required. 01509 230726 or 01509 632323 www.gcrailway.co.uk

20 19th Sept Great Central Railway

The "Elizabethan", a Sunday luncheon dining train. Check Bookings Great Central Station, Great Central Road, Loughborough, LE11 1RW. See page 11 (event 10) for details. Booking Required. 01509 230726 www.gcrailway.co.uk

24th Sept

Loughborough Library Health and Wellbeing

Granby Street, Loughborough, Leics, LE11 3DZ. FREE Health and Well Being event with a focus on healthy eating. Contact for further details. 01509 212985. loughboroughlibrary@leics.gov.uk

30 24th Sept

Great Central Railway -Murder Mystery themed Dining Train.

Great Central Station, Great Central Road, Loughborough, I F11 1RW.

Experience a thrilling themed night, like our murder mystery trains, where your help ensures the killer gets his just desserts before you do! Booking Required. 01509 230726 www.gcrailway.co.uk

3 24th - 26th Sept Great Central Railway Beer Festival 2010

Great Central Station, Great
Central Road, Loughborough,
LE11 1RW. FREE to CAMRA
members. Enjoy the Beer of
the Great Central. More than
30 guest ales picked from
the route of the last main line
between Sheffield and London
including the 'Wicked Hathern'
and Dow Bridge brewed near
Loughborough and Lutterworth
respectively. Take a sentimental

journey through the fine flavours of England. 01509 230726 www.gcrailway.co.uk

34 25th Sept

Barkby Harvest Supper 7pm for 7.30pm, Barkby Village Hall, Barkby LE7 3QB. Harvest supper with entertainment. Booking required. 0116 269 2756 (Ruth Green)

39 25th Sept

Great Central Railway
The "South Yorkshireman",
and "Charnwood Forester", a
Saturday evening dining train.
Great Central Station, Great
Central Road, Loughborough,
LE11 1RW.

See page 11 (event 10) for details. Booking Required. 01509 230726 or 01509 632323 www.gcrailway.co.uk





4 26th Sept Great Central Railway

The "Elizabethan", a Sunday luncheon dining train. Great Central Station, Great Central Road, Loughborough, LE11 1RW.
See page 11 (event 10) for

See page 11 (event 10) for details. Booking Required. 01509 230726 www.gcrailway.co.uk

52 29th Sept

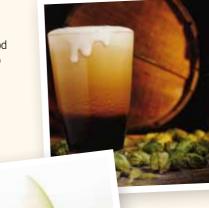
Quorn Bacon Roll Day

Entries 11.00am, Judging begins at 11.30 at the Quorn Exchange Restaurant, 10-12 High Street, Quorn, Loughborough, LE12 8DT. FREE Who can make the best Quorn Bacon Roll.
Further details on page 9. 01509 414287 (Terry Stirling)

66 2nd Oct

Syston Library, 'Fun with Food'

Upper Church Street, Syston, Leicestershire, LE7 1HR. Series of activities based on food and health eating for families to drop in and have a go. FREE 0116 305 3500 systonlibrary@leics.gov.uk





Across Harborough there are a range of award winning restaurants and local producers. Market Harborough is one of England's finest market towns which as held a weekly market since 1219. Today it offers everything from pork pies and cheeses to seasonal fruit and vegetables.

Local food can be sourced from, among others, **Wesses Bakery**, a long established and much loved bakery where there's always a wonderful smell of fresh bread and baking. Duncan Murray, an independent wine shop supplies a good number of locally sourced wines and beers, and **Bates**, **the butchers** on Church Square sells meats

poultry and game all reared locally as well as a deli section selling cheeses and other delicacies.

Kibworth Beauchamp and Kibworth Harcourt are home to Leicestershire's award winning restaurants **Firenze** and **Boboli** who serve a great range of tempting Italian food are committed to sourcing locally grown produce. Asparagus, beans and herbs travels no further than their local allotments and locally reared meats feature on their exciting menus.

Farndon Foods Farmshop located just outside Market Harborough, centre on the Farndon Road, continues to grow as much local fruit and veg as possible with an excellent Farmshop Café and plant centre.

Harborough District is also home to the newly revived **Quenby Hall Stilton** which is handmade in a truly traditional manner using milk from local dairy herds. It is matured for up to twelve weeks and was crowned the 'King of English Cheeses' Supreme Champion Cheese at the British Cheese Awards 2009

Lutterworth is a bustling market town whose name derives for the Old Norse meaning Luther's Farm. By the end of the 16th century Lutterworth boasted



24 inns. Now the only coaching in that remains is the **Greyhound Coaching Inn** on Market Street which offers a range of real ales and local food.

Further afield at South Kilworth **Joseph Morris**, a third generation butcher, supplies only locally sourced meats for local restaurants and producers whilst **Naturally Good Food** in Cotesbach sells a wide range of wholefoods and organic food, including gluten free and dairy free products and stand at the Farmers Market selling fresh vegetables and fruit.

Claybrooke Mill sells over 40 varieties of flour and pasta from their 18th century mill.

Ruth and John Daltry have been making wine since 1973 and growing vegetables for their veg boxes at **Chevelswarde Organic Growers** and now sell a large range of organic produce and their own white wine from their farm shop in South Kilworth.

Bridge 67 Cookery School was opened in 2006 by Jill and John Vickers at their farm in Smeeton Westerby. The School continues to go from strength to strength with an amazing range of courses for everyone.

3 18th Sept

Joules Yard BBQ with Irish Band

7.00 for 7.30pm, Rear of 53-55 High Street, Market Harborough, Leicestershire LE16 7AF. Booking required

Tel: 01858 463250 www.joulesyard.co.uk

9 18th Sept

Bridge 67 Cookery School - Everyday Meals 9.30-5pm, Bridge 67 Cookery School, Binleys Bridge Farm, Debdale Lane, Smeeton Westerby, LE8 OQD.

A beginner's course which shows you how to create healthy and attractive meals for you and your family in less time than you think. This is an extremely popular course which helps beginners to really get into cooking using a wide range of ingredients to produce different twists on some classic dishes. Booking required.

0116 279 6155

www.bridge67cookeryschool.co.uk/

15 18th Sept - 3rd Oct

Welland Valley Vineyard Tours

Vine Lodge, Marston Trussell, Market Harborough, LE16 9TX. FREE Welland Valley Vineyard is a 2 acre English Vineyard established in 1991. They grow a very varied selection of French and German vine varieties comprising the following white and red varieties. 7 different wines are produced including white, rose, red and sparkling. Tour the vineyard and taste the locally produced wine. Booking required. 01858 434591 www.welland-vineyard.com/





19th Sept - 4th Oct Manor Farm Shop Catthorpe Manor Farm Shop & Tearoom,

Main Street, Catthorpe, LE17 6DB. FREE

Customers are able to sample lots of our delicious produce including Ringswood ice cream, Pipers crisps, biscuits, burgers, apple juices, wines, jams, chutneys and lots more. 01788 869002 www.manorfarmcatthorpe. co.uk/events

22nd Sept Joules Yard Fish Night

Rear of 53-55 High Street, Market Harborough, LE16 7AF. Booking required. 01858 463250 www.joulesyard.co.uk/

222nd Sept

Langtons Brewery Tours

10am - 4pm, Thorpe Langton, nr Market Harborough, LE16 7TU. FREE Fstablished in 1999 the

Established in 1999 the Langton Brewery is located in the heart of rural Leicestershire. Langton's produce traditional beer using only the finest ingredients to give the discerning

drinker a selection of well balanced and distinctive beers. Enjoy a tour of the brewery and sample their 4 different beers. 07840 532826 www.langtonbrewery.co.uk/

38 25th Sept

Bridge 67 Cookery School - Italian Cookery

9.30-5pm. Bridge 67. Cookerv School, Binleys Bridge Farm, Debdale Lane, Smeeton Westerby, LE8 OQD. This course will cover the basics of Italian cooking and will include risotto, making and cooking fresh pasta, and gnocchi, authentic Italian pizzas and flavoursome sauces all using fresh ingredients. We also make some wonderful Italian desserts such as Pannacotta. tortes and tiramisu through to biscotti. Booking required. 0116 279 6155 www.bridge67cookeryschool. co.uk/

40 25th Sept

Market Harborough Library, 'Healthy Eating, Healthy You'

10am-1pm, Adam and Eve Street, Market Harborough, Leics, LE16 7LT.

The event will include healthy lifestyle checks plus a library display of stock. Members of the public are invited to keep a two week food diary which will then be assessed by a qualified nutritionist who will give diet recommendations at the health check. 0116 3053627 marketharboroughlibrary@leics. gov.uk

41 25th - 26th

Rockingham Castle Country Fair

10am-5pm,Rockingham
Castle, Rockingham, Market
Harborough, LE16 8TH.
All the fun of a Country Show
where you will also be able to
sample and buy from some of
the country's finest food and
craft artisans. With a wealth of
unique products on offer as well
as cookery demonstrations and
other great family entertainment



including children's farm, birds of prey flying displays, you will enjoy a great weekend. 0800 141 2823 www.rockinghamcastle.com/

3 29th Sept Joules Yard Fish Night

Rear of 53-55, High Street, Market Harborough, Leicestershire LE16 7AF Booking required. 01858 463250 www.joulesyard.co.uk/

66 30th Sept

Kilworth House - Jazz Evening Dinner

7pm, Lutterworth Road, North Kilworth, nr. Lutterworth, LE17 6JE.

The Tony Webster Jazz Band will been entertaining guests in the Orangery - providing soothing and relaxing background music, in an unobtrusive manner, the band will play on selected dates to guests dining in the Orangery during the evening. Booking required. Tel: 01858 880058 www.kilworthhouse.co.uk/

62 2nd Oct

Bridge 67 Cookery School - Dinner Party

9.30am-5pm, Bridge 67 Cookery School, Binleys Bridge Farm, Debdale Lane, Smeeton Westerby, LE8 0QD.

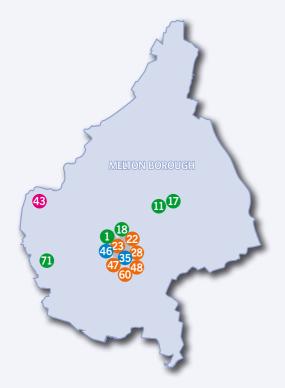
This course will show you how to take the stress out of entertaining without sacrificing the high standards we all like to attain. A range of dinner party dishes will be prepared and cooked during the day. The emphasis here is on planning. hence you will be taught dishes that can be prepared in advanced so that you don't have to worry about too much on the night. Booking required. 0116 279 6155 www.bridge67cookeryschool. co.uk/

70 3rd Oct

3rd Annual Billesdon Farmers Market and community lunch.

10.30am to 3.30pm the Coplow Centre, Uppingham Road, Billesdon, LE7 9FL FREE Locally sourced, grown and produced food including meat, honey, beer, plants, cakes, yogurt, ice cream, rape seed oil, breads and so on. The event will coincide with community local food lunch.

www.leicestershirevillages.com/billesdon





events in

Melton

As the "Rural Capital of Food" Melton Mowbray is fast becoming a centre for "foodie" events, including this year's **British Pie Awards** where over 700 pies were tasted and tested by a panel of famous judges. Also introduced this year was the "Melton Big Bake", a smaller traditional baking competition at the popular Melton Country Fair.

Recorded as Leicestershire's only market town in the 1086 Domesday Survey, Melton Mowbray has the third oldest market in England. As well as the twice weekly street market there is a Farmers Market, a bustling livestock market, Fur & Feather sales and an Antique & Collectors Fair.

Melton has many cafes and restaurants serving local food. Visitors flock to the town to visit

Dickinson and Morris Ye Olde Pork Pie

Shoppe and the Melton Cheeseboard to buy world famous products such as Melton Mowbray

Pork Pies and Stilton.

North of the town the **Crossroads Farmshop** at Eastwell offers freshly baked cakes, a butchery and an onsite museum of household and farm implements. The **Red Lion** at Stathern which is run in tandem with the Michelin Star Olive Tree in Rutland, provides a set lunch in a friendly old country pub. The restaurant boasts its own vegetable plot, a beer named "Olive Oil bitter" and serves lashings of local dishes.

A trip to Melton would not be complete without a visit to one of the many great farm shops, most of which have an extensive range of local goodies and will be offering free tastings or special events during the Food Fortnight. Why not try the **Waltham Deli** for a week of local tastings or visit **Brockleby's at Asfordby Hill** for sausage making demonstrations.





1 17th - 18th Sept 8th Annual Melton Mowbray Cattle Market Beer Festival 11am-late, Melton Mowbray

Cattle Market Scalford Rd,
Melton Mowbray LE13 1JY
FREE before 6.30, £4 after
(Camra members free)
40+ real ales, ciders and perrys
will be available at this annual
beer festival. Live music both
evenings from the The Hound
Dogs (Friday) and The Platforms
(Saturday). Hot and cold food
available all day.
01664 560757 (John Athey)
www.meltonmowbraymarket.

18th - 25th Sept Waltham Deli - Local Food Tasting Week

co.uk

9am-5pm (Mon -Fri), 9am-3pm (Sat), High Street Waltham-onthe-Wolds, Melton Mowbray, LE14 4AH. FREE Pop into the Waltham Deli to sample a range of high

quality local produce including

chocolates, breads, cheeses,

01664 464099 www.walthamdeli.co.uk/

cakes, and oils.

18th Sept - 3rd Oct Chevelswarde Vineyard – Vineyard Tours

Chevel House, The Belt, South Kilworth, Lutterworth, LE17 6DX. FREE
Established in 1973
Chevelswarde is an award winning vineyard producing a range of high quality organic English wines. Learn about growing grape varieties, the wine making process (undertaken off-site) and enjoy tours of the vineyard. Farm shop on site which is also well worth a visit. Booking required. 01858 575309

www.chevelswardeorganics.co.uk

19 18th Sept - 3rd Oct Belvoir Brewery – Brewery Tours

12-10pm (Mon-Sat), 12-9pm (Sun). Crown Park, Station Road, Old Dalby, LE14 3NQ.

FREE Tours and tastings at the Belvoir Brewery's Sample Cellar and restaurant in the heart of the Vale of Belvoir. Established in 1995 this award winning brewery produces 9 different beers including "Great Expectations" to celebrate the World Cup. Booking advised. 01664 823455 www.belvoirbrewery.com/

18th Sept - 3rd OctMelton Cheeseboard –Cheese Tasting Events

The Melton Cheeseboard, 8 Windsor Street, Melton Mowbray, Leicestershire, LE13 1BU. FREE

Tastings and information on a range of Leicestershire cheeses. (Contact for opening hours) 01664 562257 www.meltoncheeseboard. co.uk/

21st Sept Melton Farmers Market

8am - 12pm, Melton Mowbray Cattle Market, Scalford Rd, Melton Mowbray LE13 1JY.

FREE

Melton Farmers Market gives an opportunity for many local producers to sell fresh quality produce. 01664 562971 www.meltonmowbraymarket. co.uk/

23 21st Sept

Melton Livestock Market 8am - 12pm.Melton Mowbray

Cattle Market, Scalford Rd, Melton Mowbray, LE13 1JY.

FREE

Melton Livestock Market – open to visitors. 01664 562971 www.meltonmowbraymarket. co.uk/



23 24th Sept **Melton Farmers Market**

8am - 12pm, Melton Mowbrav Cattle Market, Scalford Rd, Melton Mowbray LE13 1JY. FREE See page 19 (event 22) for details, 01664 562971 www.meltonmowbraymarket. co.uk/

35 25th Sept

Dickinson and Morris Pork Pie Demonstrations

11am-2pm (half-hourly) Dickinson & Morris. Ye Olde Pork Pie Shoppe, 10 Nottingham Street, Melton Mowbrav, LE13 1NW FREE Sample some traditional Leicestershire fine foods, and even watch a demonstration of the art of hand-raising an authentic Melton Mowbray pork pie. We look forward to seeing vou there! 01664 482068 www.porkpie.co.uk/

43 26th Sept

Rural Retailer Advice Event

4pm - 6.30pm, Belvoir Brewery, Crown Park, Station Road, Old Dalby, LE14 3NQ, FREE Rural Retailer Business Advice Event with information for local food and drink producers. Fiona Walker, Rural Services Officer, Leicestershire County Council. 0116 305 5673

fiona.walker@leics.gov.uk www.oakleaves.org.uk/ vibrantvillages

46 28th Sept

Brocklebys Pie Making and Sausage Making Demonstration

Melton Road Asfordby Hill, Melton Mowbray LE14 3QU FREE Pie and sausage making demonstrations. 01664 813200 www.brocklebvs.co.uk

28th Sept

Melton Livestock Market

Melton Mowbrav Cattle Market. Scalford Rd, Melton Mowbray, LE13 1JY, FREE See page 19 (event 23) for

details.

48 28th Sept

Melton Farmers Market

8am - 12noon, Melton Mowbrav Cattle Market, Scalford Rd, Melton Mowbray LE13 1JY FREE See page 19 (event 22) for details.

60 1st Oct

Melton Farmers Market

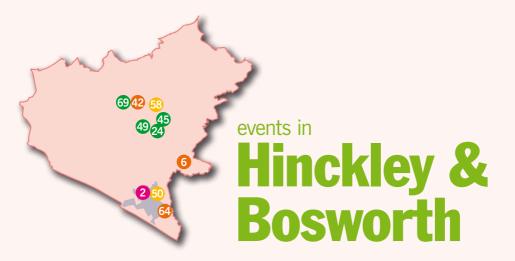
8am - 12pm, Melton Mowbray Cattle Market, Scalford Rd, Melton Mowbray, LE13 1JY. FREE See page 19 (event 22) for details.



2nd -3rd Oct **East Midlands Food and Drink Festival**

10am-5pm, Brooksby, nr Melton Mowbray, LE14 2LJ. Held at Brooksby Hall, The East Midlands Food and Drink Festival will once again bring together a huge selection of cheeses, breads, pies, game, beers, spices, juices, bison, chocolate, cider, wines, chutneys, sausages, cakes, ostrich, pancakes and much more from some of the country's finest producers, many from the East Midlands region. Enjoy a whole host of live demonstrations in the Rangemaster Cookery **Demonstration Theatre and** experience the all new Family, Food and Fun Zone. Together with wine tastings, talks and book signings, places to pause, eat and drink, the Festival is just the perfect day out for everyone from the serious foodie to the happy browser! 01673 828764 www.eastmidlandsfoodfestival. co.uk (see advert at rear of

guide)



Hinckley is a busy town boasting the 'Best Outdoor Market of 2010' which is due to celebrate its 700th birthday next year. Across the area there are a number of excellent farm shops and local producers for you to explore.

The Borough has four Farmers Markets, the most in the county, selling local produce including **Woodhouse Farm** goods and **Annie's Eggs. "This Café"** on Castle Street is an ideal place to sample local produce and refreshments including speciality teas.

When travelling around the borough visit **Tooley Park Farmshop**, just off the A47 at Peckleton, which has introduced a new range of homemade pies and pasties to add to the wealth of local produce already stocked and **Shenton Farmshop** where you can also purchase an array of local food and drink. Good country cooking is available at the **Upton Barn Restaurant** which is supplied by local producers.

Picturesque and historic Market Bosworth has held a weekly Wednesday market since 1285 when the royal charter was granted. There is a farmers market on the last Sunday of each month consisting of Leicestershire and Warwickshire producers. Market Bosworth has a wide variety of shops and a wealth of places to eat. Particularly recommended is the traditional **Red Leicester Cheese** which has been revived at **Sparkenhoe Farm** at nearby Upton or pay a visit to the **Osbaston Kitchen Garden**.

2 17th Sept-3rd Oct Hinckley Library Poetry Competition

Lancaster Road, Hinckley, LE10 OAT. FREE

Foody Poetry competition. Contact the library or further details. 01455 635 106 hinckleylibrary@leics.gov.uk

6 18th Sept

Earl Shilton Farmers Market

9am - 1pm Wood Street outside the Co-op, Earl Shilton, LE7 7ND FREE A variety of retailers selling the best local produce.

01455 440213, Liz Causon www.leicestershirefoodlinks.org.uk/

24 21st Sept

Woodland Nurseries, Stapleton – Tasting Sessions

11am-3.30pm,Ashby Road, Stapleton, Hinckley, LE9 8JE. FREE A range of local produce will be available for you to sample. 01455 291494

www.woodlandsnurseries.co.uk/



42 26th Sept

Market Bosworth Farmers Market

9am-2pm, The Market Place, Market Square, Market Bosworth, CV13 OLE FREE Over 30 local producers. Tel: 01530 261660. Matthew Springthorpe

45 26th Sept

Woodland Nurseries, Stapleton – Tasting Sessions

11am-3.30pm, Ashby Road, Stapleton, Hinckley, LE9 8JE Stapleton, nr. Hinckley. FREE See page 21 (event 24) for details.

49 28th Sept

Woodland Nurseries, Stapleton – Tasting Sessions

11am-3.30pm, Ashby Road, Stapleton, Hinckley, LE9 8JE. FREE See page 21 (event 24) for details.

50 28th Sept

Hinckley Library, Foody Wriggly Readers 9.45-10.15am and 10.45-

11.15am, Lancaster Road, Hinckley, LE10 OAT. FREE Foody rhymes and stories for babies and toddlers aged 0-4 and their parents/carers. 0116 305 2500 hinckleylibrary@leics.gov.uk

63 30th Sept

Hinckley Library, Launch of Community Health and Wellbeing Collection

10.30am-4.30pm Lancaster Road, Hinckley, LE10 0AT. FREE Event to promote health and wellbeing includes stands and participation opportunities for all ages. 0116 305 2500

0116 305 2500 hinckleylibrary@leics.gov.uk

64 2nd Oct

Burbage Farmers Market

9am-1.30pm Methodist Church, Windsor Street, Burbage, LE10 2EF. FREE A variety of retailers selling the best in local produce. 01455 440213 (Liz Causon)

69 3rd Oct

Woodland Nurseries, Stapleton – Tasting Sessions

11am-3.30pm, Ashby Road, Stapleton, Hinckley, LE9 8JE. FREE See page 21 (event 24)

FREE See page 21 (event 24) for details.



The town of Ashby De La Zouch hosts a regular farmers market and a number of specialist shops including, **A Holmes and Sons**; a second generation traditional butcher who stocks a wide range of local meats and a fantastic range of homemade pies and sausages and **Matchless Home Brew** who will soon be opening a Microbrewery at its premises.

For 'foodie' days out nearby **Snibston Discovery Park** hosts the "Future Food Exhibition" and a café
with homebaked shortbread and local produce;
Donington Le Heath Manor House offers a range of
events including a Tour of the **Kitchen Gardens**and **Classic Tearooms** where ingredients are
regularly sourced from the garden for Mediaeval
dinners; and **Mount St Bernard's Abbey**offers a range of products which include honey,
jams, chocolate and dairy products from its own
farm. Visitors will receive a warm welcome at the **Cattows Tea Room** at Heather, where there is a
magnificent range of homemade cakes to try along
with a farmshop selling local produce.

A bustling, ancient market town in the National Forest, Ashby abounds with food shops like **Deli 53**, brimming with local food and drink. The permanent market runs 7 days a week. It is also home to **Crowded House**, a stylish wine bar and lounge with restaurant, which has gained a great reputation for its service and local food. The local wine circle meet on the 2nd Wednesday of the month at the **Hub Community Café** where new members are always welcome.

Nearby, in Packington, **Livesey Brothers** is a unique mushroom farm which boasts an impressive range of home grown exotic mushrooms, Hereford Beef and Normanton Lamb, 100% produced and butchered on the farm. **Manor Organic Farm** at Long Whatton Farmshop is a delight with butchery selling mainly farm reared beef and lamb and boasting an organic bakery.



3 18th Sept **Ashby Farmers Market**

9am-2pm, Manor House School, South Street, Ashby de la Zouch. LE65 1BR FREE Over 25 local producers bringing you the finest foods from the region.

01530 261660 (Matthew Springthorpe)

18th - 24th Sept Long Lane Brewery -Tasting Week

9am-5pm, Mon-Tue, Thu-Sat, 32 Belvoir Road, Coalville, LE67 1EQ FREE

A new mico-brewery established in Coalville would value your comments on their new beers. Long Lane Brewery, established in partnership with Matchless, will be trailing 7 new beers in store. Visitors are welcome to sample the new beers and submit their comments.

01530 813800 (lan or Ann) www.matchlesshomebrewing. co.uk/

6 18th Sept - 3rd Oct Future Foods Exhibition – Snibston Discovery Park 10am-5pm Snibston, Ashby

Road, Coalville, LE67 3LN.

An exhibition debating genetic modification, on tour from the Science Museum, London, and supported by the Consultative Group on International Agricultural Research. This will be held in the main gallery area. Exhibition on from 5th June to 25th October.

01530 278444

www.leics.gov.uk/museums/

25th Sept

Matchless Home Brewing - Home-Brew Competition and Country Fayre

West End Club, Ashby Road, Coalville, LE67 3LD Matchless are inviting enthusiasts to submit their home brew creations as part of a home-brew competition which will be judged. The winning beer will be produced at there new micro brewery. See Matchless's wesbite for more information. 01530 813800 (lan) www.matchlesshomebrewing. co.uk/

3 29th Sept

Donington Le Heath "Meet the Gardener

Manor Road, Donington le Heath, Coalville, LE67 2FW.

FREE

Learn about the Gardens culinary & medicinal plants. Meet our Gardener for a fascinating tour of the period gardens. Learn about gardens through the ages and how plants were used for culinary and medicinal purposes. Booking required. 01530 831259 dlhmanorhouse@leics.gov.uk www.leics.gov.uk/museums

65 2nd Oct Manor Organic Farm, Farm Walk

2pm-4pm, Manor Farm, 77
Main Street, Long Whatton,
Loughborough, LE12 5DF. FREE
Farm walk around the organic
farm looking at crops and
animals including the fantastic
longorn cattle. Booking
Required. Graeme Matravers on
01509 646413

www.manororganicfarm.co.uk shop@manororganicfarm.co.uk





events in

Leicester City

From Monday to Saturday visit, Leicester's awardwinning covered market (Britain's Favourite Market 2009), the largest in Europe playing host to over 300 businesses, trading on the same site for over 700 years, and discover exotic vegetables and spices, a great selection of fresh fish, a variety of meats and other fascinating stalls. During the food fortnight enjoy a series of food demonstrations or visit the market on 21st November to enjoy its Winter Food Festival which will be full of Leicestershire's best food

Also don't miss the monthly **Leicester Farmers Market** in Humberstone Gate where you have the chance to talk to award winning producers who will give you seasonal tips on cooking and preparing local products. For more information go to www.leicestermarket.co.uk

A visit to Leicester should include a trip to the **Golden Mile** on Belgrave Road renowned for its authentic Indian restaurants, Asian supermarkets, sari shops, and jewellers.

Entropy voted Midlands Restaurant of the Year 2010 in the Good Food Guide was recently featured in a new Channel 5 production Street Market Chefs, to be aired in September, when they took part in a cook off at Leicester Market with Newtown Linford's the Village Restaurant. The programme also featured **Maiyango** a popular boutique hotel and restaurant committed to sourcing the very best local ingredients and suppliers in Leicestershire.

Try the new Phoenix Cinema - Screen Lounge Bar and **Kitchen** and take advantage of their Film and Dine offer using locally produced ingredients.

4 18th Sept Transition Leicester Café -

Tomato Fest – Preserving and Storing your Harvest

12-4pm Methodist Church, Bishop Street, Leicester, LE1 6AF. FREE Visit the Leicester's eco-café to learn about preserving and storing your tomato harvest.

0116 2103637 (Doug Golding) http://transitiontowns.org/Leicester/ Cafe

18th Sept – 1st Oct Leicester Market Cookery **Demonstrations**

Market Place, Leicester, LE1 5HQ **FREE** A series of Live cookery events using Leicestershire Produce culminating in 'Your Market Needs You' on September 30th. See the Leicester Market website for further details. 0116 223 2372 www.leicestermarket.co.uk

19 18th - 19th Sept **Belgrave Hall Good** Food Fair 2010

11am-4pm, Belgrave Hall, Church Road, Belgrave, Leicester LE4 5PE. The beautiful gardens of Belgrave Hall plays host to this annual fair showcasing good food from local producers. Now in its 5th year this popular family event will see the welcome return of your favourite local



food suppliers plus some new producers for 2010. Providing an opportunity to taste and buy fresh, local and organic food. 0116 266 6590 www.leicester.gov.uk/museums

25 21st Sept

Fit and Active Football

New Parks Leisure Centre, St Oswalds Road, Leicester, LE3 6RJ. FREE

This is a fun group for young people and their families giving them the opportunity to find out more about eating well, being more active and managing their weight. Supported by Leicester City Football Club 0116 2727217 aileen.smith@Inds.nhs.uk

30th Sept

Leicester Market - 'Your Market Needs You' – Wartime Cookery Event

Market Place, Leicester, LE1 5HQ FREE Live cookery demonstration and workshop recalling classic wartime recipes – cooking the best of British on a budget. In support of Older Persons Month. 0116 223 2372 www.leicestermarket.co.uk/

69 30th Sept

Maiyango, Autumn Gourmet Food Night

13-21 St Nicholas Place, Leicester, LE1 4LD. Booking required 0116 251889 www.maiyango.com

3 2nd Oct

King Richard III Infant and Nursery School Family Fun Day with World Food

King Richard III Infant School, Andrewes Street, Leicester, LE3 5PA. FREE

Family fun day with world food. www.kingrichards.leicester. sch uk/

Oadby & Wigston

The Borough Council have been hosting an **Apple Day** now for about six years with the focus being on promoting awareness of local Leicestershire apple varieties and the importance of conserving local biodiversity. Held at Brocks Hill Country Park in Oadby, it celebrates all things appley in a variety of ways. Stalls in the past have included organic apple juice, local honey, cider, Country Markets, Leicestershire Heritage Apple Project, apple juicing, children's activities relating to apples and apple identification. Subject to funding it is hoped the event will be held on 10th October. For further information, visitors can contact Helen Gregory, Countryside Officer on 0116 257 2651 prior to the event or 0116 2572888 on the day.

Oadby and Wigston hosts the **Green Earth Community Garden project** which runs at local Allotments encouraging groups and individuals to go along and learn skills in vegetable, fruit and herb growing and harvesting. As well as enjoying the fresh air it provides a place for people to meet and share ideas, so anvone who is not sure about growing vegetables and would like some advice and help can come along. Both healthy and completely free.

Farmers Markets

Farmer's markets are held monthly across the city and county. Location and contact details are below.

1st Saturday

Burbage (Methodist Church) Food Links 01509 881386 www.leicestershirefoodlinks. org.uk

1st Thursday

Market Harborough Harborough and District Council 01858 828282 www.harborough.gov.uk/

site/index.php

1st Thursday
Leicester (Humberstone
Gate)

Leicestershire Food Links 01509 881386 www.leicestershirefoodlinks. org.uk

2nd Saturday

Castle Donington

Secretary 01332 850723 Peggy Beddoe 01332 810537

2nd Saturday

Lutterworth (Town Hall Car Park)

Leicestershire Food Links 01509 881386 www.leicestershirefoodlinks. org.uk

2nd Saturday

Kibworth Beauchamp (Kibworth High School)

Leicestershire Food Links 01509 881386 www.leicestershirefoodlinks. org.uk 2nd Wednesday

Loughborough

Markets Dept Charnwood Borough Council 01509 634624 market. fairs@charnwood.gov.uk

3rd Saturday

Ashby de la Zouch

Matthew Springthorpe 01530 261660 matthew@cjspringthorpe. co.uk

3rd Thursday

Hinckley (Market Place) Hinckley & Bosworth Borough Council

Borough Council 01455 238141 www. hinckley-bosworth.gov.uk

4th Saturday

Blaby (Social Centre Car Park)

Leicestershire Food Links 01509 881386 www.leicestershirefoodlinks. org.uk

4th Sunday

Market Bosworth
Matthew Springthorpe

01530 261660 matthew@cjspringthorpe. co.uk

Every Tuesday and Friday Melton Mowbray (Cattle

Market)

Tim Webster, Melton Mowbray Market 01664 562971

www.

meltonmowbraymarket.co.uk

Women's Institute Country Markets

2nd Wednesday, 9am-2pm Birstall

Loughborough Farmers Market, Devonshire Square, Loughborough LE11 3DW

Friday,10-11.15am

Blaby and District

Closed January. Blaby Social Centre, Leicester Road, Blaby, LE8 4YQ

Friday 9-11.15am Glenfield

Closed January. St Peter's Church Rooms, Church Road, Glenfield, LE3 8DB

Friday 10am-12.30pm

Hinckley

Closed January and Good Friday. St Mary's Church, Walk Hinckley.

Tuesday 9am – 4pm

Market Harborough Closed for 2 weeks for Christmas and Tuesday after Easter. Stall G1, The Market Hall, Northampton Road, Market

Harborough LE16 9DR.



www.eastmidlandsfoodfestival.co.uk



Bringing home the harvest The largest regional celebration of British food and drink

A great range of stalls, many from the East Midlands region

- Live demonstrations in the Rangemaster Cookery Demonstration Theatre
- Lots of hands-on activities, tastings and demos for children and adults alike in our brand new Change 4 Life Family, Food and Fun Zone
- Champagne tasting
- Book signings

With places to pause, eat and drink, the Festival is the perfect day out for everyone, from the serious foodie to the happy browser!

Food and Drink Festival will once again bring together a huge selection of cheeses, breads, pies, game, beers, spices, juices, bison, chocolate, cider, wines, chutneys, sausages, cakes, ostrich, pancakes and much more from some of the country's finest producers, many from the East Midlands region.

Enjoy a whole host of live demonstrations in the Rangemaster Cookery Demonstration Theatre and experience the all new Change 4 Life Family, Food and Fun Zone. Together with wine tastings, talks and book signings, places to stop to eat and drink, the Festival is just the perfect day out for the whole family.

Better still, why not make a weekend of it and explore the many places of interest and things to see and do in the area.

Saturday 2nd October 2010 10am – 5pm

Sunday 3rd October 2010 10am – 4pm

Entry £5 if pre-booked, £6 on the door

Children under 16 FREE, group discounts available, Visit e-shop at www.goleicestershire.com, Tel: 0844 888 5181 or visit Leicester Visitor Information Centre in Town Hall Square or Ye Olde Pork Pie Shoppe in Melton Mowbray